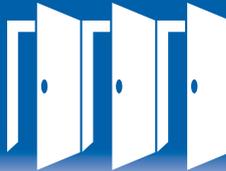


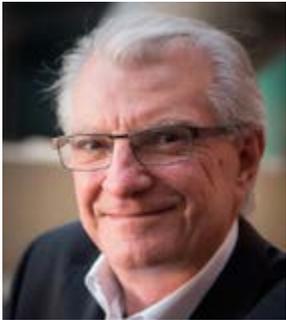
Rotary



Rotary Opens Opportunities

Mental Health and You - Covid Recovery

Four highly credentialed Speakers with Madalyn Parlet to facilitate



Gerard Mansour

Commissioner for Senior Victorians and Ambassador for Elder Abuse Prevention

Gerard Mansour is a highly respected and passionate advocate for the needs of older people, with over 30 years of leadership experience

within the aged and wider community services sectors. In 2013 Mr Mansour was appointed as the first ever Commissioner for Senior Victorians, to provide advice to the Victorian Government on issues relevant to senior Victorians, including the ability to live healthy, dignified and productive lives, and social engagement and empowerment. His current priorities include isolation and loneliness of older people, what it means to age well and prevention and response to elder abuse.



Dave Burt

Founder of SALT

Dave is the Founder and CEO of SALT Sport and Life Training, a not for profit Health Promotion Company that delivers education, culture and leadership training into local sporting clubs. SALT partners with sporting clubs to help

them develop core values and healthy cultures as well as address issues around drugs and alcohol, mental health, respect and equality, positive coaching and healthy masculinity.

Prior to starting SALT, Dave was a school teacher for 30 years and was the Chaplain and welfare officer for the Eastern Ranges in the TAC Cup. In 2013-14 Dave took on the role of Victorian Coordinator for Sports Chaplaincy Australia. This led to him providing crisis response when clubs experienced tragedies and in an 18 month period, Dave sadly attended 7 suicides at 7 different clubs. This motivated Dave to start SALT.



Sameera Abdeen

Community Inclusion Project Manager at Yarra Valley Water

Sameera has been working on program and strategy development for vulnerable communities for 5 years.

Working in an organisation that is recognised as an

industry leader in the field of hardship and vulnerability strategies to support customers Sameera has developed a focus on family violence, managing the development, implementation and outreach of policies and training. Sameera is committed to working to provide a safe and supportive environment for both staff and customers experiencing family violence.

Rob Glas

Rob Glas has been a counsellor for over 20 years, has a background in science and is currently working with the team at Yarra valley Health.*

Rob has interests in the experience of being human and the vulnerability this can present, believing all people of good intent have worth and importance.

Rob uses a person centred approach underpinned by psychodynamic and interpersonal principles and generally feels love and compassion for fellow humans and non-human creatures alike.

When not working Rob loves spending time with his son and being outdoors.



Friday 27th November 2020 at 7.30am - 9am

Please Register [Here](#)